

## *Instructions for Authors*

**1. Aims and Scope:** Journal of Fundamentals of Mental Health is a peer-reviewed, quarterly publication of Mashhad University of Medical Sciences (MUMS), Mashhad, Iran. The journal is published under supervision of the psychiatric department of the University in the fields of psychiatry, psychology, mental health and behavioral sciences. This journal is approved by 'Medical Journals of ministry of health and medical education of Iran.

**2.** This journal accepts Original Papers, Review Articles, Case Reports and Letters to the Editor in the fields of clinical and basic science aspect of psychiatry, psychology and mental health.

**3. Submission:** Always submit three copies of the article and two sets of photographs, illustration, diagrams etc to mentioned address. Manuscript must be accompanied by a covering letter to the Editor-in-Chief, including title and author(s) name and undertaking that it has not been published or submitted elsewhere. In case the manuscript was earlier submitted to some other journal and was rejected, the authors must provide full information for proper analysis. Manuscript should be typed in Farsi by B zar font in double space on one side of the A-4 size paper with clear margins on both sides. Tables as well as illustrations should be typed and drawn on a separate paper. Do not submit tables as photographs. Authors are requested to reserve margins of at least 2.5 cm all around the paper. Tables as well as illustrations should be typed and drawn on a separate paper.

In case of **electronic submission** of the manuscript the authors must declare that it is being exclusively contributed to this Journal. The text should be submitted in Microsoft Word format as an attachment. The figures should be sent in a format of JPEG or GIF which will produce high quality images in the online edition of the journal. Submission is also acceptable via Journal URL:

**<http://osub.mums.ac.ir/osub/nlfr/qjfmh>**

**4.** The manuscript should include: Title page, Structured Abstract and Keywords, Text (Introduction, Materials and Methods, Results, Discussion, Conclusion), Acknowledgment and References.

**5. Title pages:** Title page must be submitted as part of manuscript. This should contain: article title (not to exceed 75 characters, including spaces); authors' names with full first name, their degrees and affiliations (dept., institution, city, state); institution where the work was done (indicate which author is in which department); a short running title of no more than 45 letters and spaces, with complete address (including e-mail address and postal codes) and telephone and fax numbers.

**6. Structured Abstract and Keywords:** Abstract must be submitted as a separate file on online system. Limit the abstract to 250 words. Do not cite references in the abstract. Limit the use of abbreviations and acronyms. Use the following subheads: Introduction, Methods and Materials, Results and Conclusion. A list of 3-10 keywords is to be provided directly below the abstract. Keywords should express the precise content of the manuscript, as they are used for indexing purposes. Use terms from the Medical Subject Headings (MeSH) list of index medicus:

**(<http://www.nlm.nih.gov/mesh/MBrowser.html>)**

**7. Introduction:** This should summarize the purpose and the rational for the study. It should neither review the subject extensively nor should it have data or conclusions of the study.

**8. Materials and Methods:** This should include exact method or observation or experiment. If the method is established, give reference but if the method is new, give enough information so that another author is able to perform it. If a drug is used, its generic name, dose and route of administration must be given. For patients, age, sex with mean age  $\pm$  standard deviation must be given. Statistical method must be mentioned and specify any general computer program used. The Info system used should be clearly mentioned.

**9. Results:** It must be presented in the form of text, tables and illustrations. The contents of the tables should not be all repeated in the text. Instead, a reference to the table number may be given.

**10. Discussion and Conclusion:** This should emphasize the present findings and the variations or similarities with other works in the field of study. The detailed data should not be repeated again. Discussion should be succinct and limited to conclusions that can be reached based on the results.

**11. Acknowledgement:** All contributors who do not meet the criteria for authorship should be covered. It should include persons who provided technical help, writing assistance and departmental head that only provided general support. Financial and material support and conflict of interests must be written in this section.

**12. Tables:** In limited numbers should be submitted with the captions placed above. Place explanatory matters in the footnote, not in the heading

**13. Figures:** Should be in limited numbers, with high quality art work and mounted on separate pages. The captions should be placed below.

**14. References:** The authors are responsible for the accuracy of the references according to Vancouver style. For abbreviations of journal names, refer to list of journals indexed in index medicus. Sample references:

**Article:** Author(s) name (more than 6 names use et al). Title of article. Abbreviation of title of journal Year; Volume (Issue): Page. Example: Holson I, Kraft P, Roysamb E. The relationship between body image and depressed mood in adolescence: A five years longitudinal study. *J Health Psychol* 2001; 6(6): 613-27.

Nateghian S, Mollazadeh J, Gudarzi MA, Rahimi Ch. [Forgiveness and marital satisfaction in combat veterans with post traumatic stress disorder and their wives]. *Journal of fundamentals of mental health* 2008; 10(1): 33-46. (Persian)

**Chapter:** Author(s) name. Chapter. In: Editor(s) name. Book. Edition. Place: Publisher; Year: Page. Example: Moore C, Williams R, Hirshkowitz M. Mood disorders. In: Sadock B, Sadock V. (editors). *Kaplan and Sadock's comprehensive textbook of psychiatry*. 7<sup>th</sup> ed. Philadelphia: Lippincott Williams and Wilkins; 2000: 1677-701.

**Book:** Author(s) name. Book. Edition. Place: Publisher; Year: Page. Example: Momtazi S. [Family and drug abuse]. 3<sup>rd</sup> ed. Zanjan: Mahdis; 2005: 15-61. (Persian)

**Dissertation:** Author(s) name. Title. Degree. Dissertation. Place: University, College, Year: Page. Example: Najafi F. [The comparison of body esteem and anxiety of Alzahra University students as unisex university with other university students]. MA. Dissertation. Tehran: Alzahra University, College of psychology and education science, 2000: 100-55. (Persian)

**Electronic Article:** Morse SS. Factors in the emergence of infectious diseases. *Emerg Infect Dis* (derail online) 1995 Jan-Mar [cited 1996 Jun 5], 1(1): [24 screens]. Available from: URL;<http://www.cdc.gov/ncidod/EID/eid.htm>

**15. Proof Reading:** Computers print out is sent to the corresponding author for proof reading before publication. Corrections should be marked clearly and sent immediately to the journal office.

**16. Abbreviations and Symbols:** Use only standard abbreviations. The full term for which an abbreviation stands should precede its first use in the text.

**17. Corresponding Author:** The corresponding author will be supplied with 3 free issues.

**18. Ethical Guidelines:** Ethical considerations must be addressed in the materials and methods. All manuscripts reporting the results of experimental investigations involving human subjects should include a statement confirming the informed consent was obtained from each subject or subject's guardian, after approval of the experimental protocol by a local human ethics committee. The authors are responsible for the whole scientific content of manuscript.

**19. Conflicts of Interest:** Authors must acknowledge and declare any sources of funding and potential conflicting interest, such as receiving fund or fees by, or holding stocks and shares in, an organization that may profit or lose through publication of your paper. Declaring a competing interest will not lead to automatic rejection of the paper, but editors would like to be made aware of it.

**20. Page Charges:** There are no charges for publication in this journal.

**21. Copyright:** The entire contents of the journal of fundamentals of mental health are protected under international copyrights. You may not modify copy, distribute, transmit, display, or publish without the prior written permission of it or the appropriate copyright owner.

**22. Peer Review Process:** All manuscripts are considered to be confidential. They are peer reviewed by at least 2 anonymous reviewers selected by the Editorial Board. The corresponding author is notified as soon as possible of the editor decision to accept, reject, or require modifications. If the manuscript is completely according to the instruction, it is scheduled for the next available issue.

**23. Disposal of Material:** Once published, all copies of the manuscript, correspondence and artwork will be held for 1 year before disposal.

### ***The Final Checklist***

Before submitting the manuscript, the authors must recheck the following items:

1. Title Pages
2. Abstract
3. References
4. Tables, illustrations and figures with their captions
5. Manuscript in triplicate
6. Letter of undertaking signed by all the authors
7. Disclosure regarding source of funding and conflict of interest if any besides approval of the study from respective Ethics Committee/Institution Review Board
8. Covering Letter

# *Contents*

<b>The relationship between attachment styles and religious coping styles with mental health among HIV+ patients</b>	6-15
Seyyed Mohammad Davoud Hosseini, Javad Mollazadeh, Parvin Afsar Kazerouni, Mahmoud Amini Lari	
<b>Assessment of reproductive behavior and women's compatibility in unwanted pregnancy in Mashhad</b>	16-23
Lida Jarahi, Majid Reza Erfanian, Mohsen Seyyed Nouzad, Azita Maslahati	
<b>Relationship between attachment style and life expectancy in mothers of sons with educable intellectually disability</b>	24-35
Mohammad Taheri, Masoumeh Pourmohammadrezaye Tajrishi, Saeed Soltani Bahram	
<b>A psychometric evaluation and factor structure of revised version of teacher observation of classroom adaptation scale</b>	36-45
Shahram Vahedi, Khalil Esmailpour, Farzaneh Hajipour	
<b>Relationship between delivery method and postpartum depression</b>	46-53
Maryam Nikpour, Zahra Abedian, Naghmeh Mokhber, Zahra Khaleghi, Saeed Ebrahimzadeh, Zahra Hosseini	
<b>Comparison of health related quality of life between bipolar patients and healthy people</b>	54-63
Shahin Toubaei, Negin Hadi, Arvin Hedayati, Ali Montazeri	
<b>Predicting marital satisfaction on the basis of attachment styles and differentiation components</b>	64-77
Mansour Bayrami, Samad Fahimi, Ebrahim Akbari, Ahmad Amiri Pichakolaei	
<b>Comparison of memory writing style in patients with disorders, schizophrenia, schizoaffective and bipolar mood</b>	78-87
Bitah Shahbazzadegan, Farshad Sheikh Akbari, Mehdi Samadzadeh, Hossein Ghamari Givi, Mohammad Narimani	



*Journal of*

# Fundamentals of Mental Health

*Spring 2012, Volume 14, Number 1(53)*

**Chairman:** Seyyed Abolghasem Hosseini, M.D.

*Emeritus Professor of Psychiatry, Mashhad University of Medical Sciences, Mashhad, Iran*

**Editor in Chief:** Mohammad Reza Fayyazi Bordbar, M.D.

*Associate Professor of Psychiatry, Mashhad University of Medical Sciences, Mashhad, Iran; fayyazimr@mums.ac.ir*

**Senior Editor:** Ali Talaei, M.D.

*Associate Professor of Psychiatry, Mashhad University of Medical Sciences, Mashhad, Iran; talaeia@mums.ac.ir*

**License Holder:** Mashhad University of Medical Sciences (MUMS)

**Publisher:** MUMS Vice Chancellor for Research

**Copy Editor:** Amir Rezaei Ardani, M.D.

**Coordinators:** Fereshte Kafi, Mahdieh Borhani, M.D, Vahid Malek Jafarian

## **Editorial Board:**

Ebrahim Abdollahian, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Hamid Reza Aghamohammadian, Ph.D. (*Professor, Ferdowsi University of Mashhad, Mashhad, Iran*)

Shahin Akhondzadeh, Ph.D. (*Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Alireza Amirsadri, M.D. (*Assistant Professor, Wayne State University, Detroit, USA*)

Fatemeh Behdani, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Mahdi Bina, M.D. (*Associate Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Jafar Bolhari, M.D. (*Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Nash N. Boutros, M.D. (*Professor, Wayne State University, School of Medicine, Detroit, USA*)

Reza Farid Hoseini, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Paria Hebrani, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Gholamreza Mirsepasi, M.D. (*Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Fatemeh Moharrari, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Naghme Makhber, M.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Mohammad Reza Mohammadi, M.D. (*Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Ahmad Ali Noorbala, M.D. (*Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Nosratollah Poorafkari, M.D. (*Professor, Tabriz University of Medical Sciences, Tabriz, Iran*)

Mohammad Razzaghi, M.D. (*Assistant Professor, Tehran University of Medical Sciences, Tehran, Iran*)

Atefeh Soltanifar, M.D. (*Assistant Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Seyyed Mahmoud Tabatabaei, M.D. (*Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Jalil Tavakkol Afshari, Ph.D. (*Associate Professor, Mashhad University of Medical Sciences, Mashhad, Iran*)

Ahmad Tayyebi Jalili, M.D. (*President of Iranian Psychiatric Association, Tehran, Iran*)

Mohammad Taghi Yasami, M.D. (*Associate Professor, WHO, EMRO, Egypt*)

Ali Reza Zahiruddin, M.D. (*Associate Professor, Shahid Beheshti University of Medical Sciences, Tehran, Iran*)

Masood Zangeneh, Ph.D. (*Editor-in-Chief of International Journal of Mental Health & Addiction*)

Mehran Zarghami, M.D. (*Professor, Mazandaran University of Medical Sciences, Sari, Iran*)

Hassan Ziaeddini, M.D. (*Associate Professor, Kerman University of Medical Sciences, Kerman, Iran*)

## **Indexing:**

[www.Indexcopernicus.com](http://www.Indexcopernicus.com)

[www.google.com](http://www.google.com)

[www.Iranmedex.ir](http://www.Iranmedex.ir)

[www.magiran.com](http://www.magiran.com)

[www.Emro.who.int](http://www.Emro.who.int)

[www.ISC.gov.ir](http://www.ISC.gov.ir)

[www.SID.ir](http://www.SID.ir)

[www.doaj.org](http://www.doaj.org)

## **Peer Review Journal**

**Frequency:** Quarterly

**Language:** Farsi

**Abstract:** English

**Circulation:** 1000

**Price:** 15000 IR Rls.

**Tel:** +98-511-7002309

**Tel & Fax:** +98-511-7124184

**Email:** [fu.me.he@mums.ac.ir](mailto:fu.me.he@mums.ac.ir)

**Web:** [http://www.mums.ac.ir/mental\\_health/fa/index](http://www.mums.ac.ir/mental_health/fa/index)

**Online Submission:** <http://osub.mums.ac.ir/osub/nilfr/qjfmh>

**Address:** Ibn-e-Sina Hospital, Amel Boulevard, Postal code: 9195983134, Mashhad, Iran

**Certification Number:** 73630 (approved by Iranian Ministry of Health and Medical Education)